



Cross Country IVC Championship

October 12, 2019

Dear Coaches,

We here at Claymont hope you have all had a productive, successful season so far! We have been working hard once again to prepare a great IVC meet for runners, coaches, and spectators. Please read the following information closely, as it will get you caught up on all pertinent information regarding our 2020 IVC championship meet. Please pay extra attention to the Covid-19 recommendations.

Pandemic Precautions, Recommendations, and Best Practices

- **Per the IVC Commissioner's request , Only the top 10 runners of each team will participate this year.** This was not an easy decision to make, but was recommended by our health department, athletic directors, and commissioner , to help ensure we keep each race to as few of runners as possible, and to help ensure that runners can social distance.
- Coaches will be required to bring with them the attached OHSAA Symptoms Checklist. We ask that before boarding the bus, you ask each of your athletes and coaches the questions on the sheet, and record their temperatures. You will turn these in upon arrival to the meet, per Health Department request.
- Once you arrive at the high school, you will be permitted to set up your necessary equipment and supplies within the baseball field. We ask that you bring as little with you as possible. We discourage even bringing tents this year, but will allow them if the day is especially hot. This was the recommendation of the OATCCC

- to not allow tents. Keep in mind, this year our races are designed to be as quick and efficient as possible. The less reason teams have to hang around, the better.
- **Set up sites AT LEAST 10 ft** away from the next team within the baseball field.
 - Please ensure that each of your athletes are wearing masks basically at all times other than warming up, running, and cooling down. If a particular team is repeatedly told to wear their masks, penalties to the team may be given. If an athlete refuses to wear a mask, please instruct them to stay home and we will see them next year.
 - Bring plenty of water for each athlete, and make sure you are set up no closer than 50ft-100ft at the finish line at a previously-designated spot. It will be your responsibility as coaches this year to ensure your runners stay hydrated and receive water immediately upon finishing. We will have bottled water for emergency situations only.

** Please note, the following are suggestions and guidelines that were given to us directly from the Tuscarawas County Health Department

1. All athletes, coaches, and spectators must wear masks while on the school grounds. Runners may discard their masks while racing, but must have them on before and after each race.
2. Each coach **MUST** fill out and turn in their **OHSAA Symptoms Checklist** (see attachment). You will turn these in as soon as you get off the bus, so please have them filled out beforehand. These lists will be kept in case we need to contact trace in the event of someone testing positive for Covid-19 after the race.
3. **All spectators, coaches, and athletes must practice social distancing.**
4. All volunteers will be wearing masks and gloves.
5. Each volunteer will have their temperatures checked prior to the start of the first meet. This includes police officers, EMS, administrators, etc.

6. Facilities will be cleaned and disinfected during each break, and more frequently when possible.

Spectators

We will be limiting spectators to **2-4 per athlete**, family only! **ALL SPECTATORS MUST WEAR MASKS WHILE THEY ARE ON SCHOOL GROUNDS.** Thank you in advance for passing this information on to your runners and families!

Entries

This year's entries will be done on Baumspage. The entry window opened on Wednesday, October 1st and will remain open until Thursday, October 15. Please be sure to have all entries entered by this deadline. This will allow us to make all necessary arrangements for each race, to ensure race day runs as smoothly as possible. If you have any trouble with entries, please contact me. Results will be uploaded to Baumspage following the final race. The IVC Race this year will again be timed by Brent Endsley. If you have questions specific for the timers, they can be reached at bendsley@roadrunner.com. If you are unfamiliar with Baumspage or have any trouble registering, please send me an email at arogers@claymontschools.org .

Location

The meet is being held at the Claymont High School located at 4205 Indian Hill Road Uhrichsville Ohio 44683. Buses will be directed to park around the east side of the school. Please try to pass the word along that fans will only be permitted to park within the school parking lots!

Parking and entrance fees

As per IVC AD agreement there will be NO parking fees; however, ENTRANCE TO THE MEET WILL BE \$5.00 FOR EVERYONE. (*IVC League Rate)

Packets

Upon your arrival, you can pick up your packets at the trailer by the finish line. Our timing team has decided to combine Middle School and High School information into one packet. If you only have one or the other, this will not be a

problem. During the races, if you have any questions or concerns whatsoever, you can report to the white trailer. All results will be processed at the trailer as well. Results will be posted on site as they are finished, and will be posted on Baumspage shortly following the meet.

Races

This year we will be having a high school boys and girls race, and middle school boys and girls race. There will be a total of 4 races (see attachment for race day schedule). Races will begin at 9:00 a.m.

Awards

This year awards will be presented on site. High school awards will be presented following the conclusion of the final high school race of the day, and middle school awards will be presented following all middle school races.

T-shirts & Concessions

The Claymont Cross Country Parent Club will have a LIMITED concession stand of prepackaged foods/drinks ONLY. We will again be selling t-shirts online. The website for the shirts will be sent to coaches, and we ask that you pass the word on to your runners and families!

Changes to the School Course

Similar to our Early Bird Invitational, our new finish line will be located inside of the softball field, to help keep out spectators and coaches.

If you have any questions, I can be reached at 330-232-3955 or at arogers@claymontschools.org. See you on the 17th!

Yours in Running,
Coach Adam Rogers